

BLACKSTONE COUNCIL ON AGING

NEWSLETTER

MAY
2025

Contact Us

Blackstone Senior Center
15 St. Paul Street
Blackstone, MA 01504
508-883-1500 x151

SENIOR CENTER STAFF

Gilda Centeno
Outreach Coordinator
508-883-1500 x135
GCenteno@townofblackstone.org

Kim Coffey
Nutrition & Activities Coordinator
kcoffey@townofblackstone.org
508-883-1500 x 151

Dennis Pimenta
Transportation Coordinator
508-883-1500 x 133
coatransport
@townofblackstone.org

Hours

Mondays: 8:30am-4:30pm
Tuesdays: 8:30am-7:00pm
Wednesdays: 8:30am-4:30pm
Thursdays: 8:30am-4:30pm
Fridays: 8:30am-Noon

Highlights

- Invitation to Tea - 3
- Craft w/ Jean News - 3
- The Butterfly Place - 4 & 18
- Mosquito Safety - 6 & 18
- Hats Off to Seniors! - 7 & 18
- District of One @ BMR - 16
- Free Online Fitness - 16
- Kitten Socialization - 17

Tea Time

At Blackstone Millville
Regional High

Thursday, May 8

2:30 - 4 pm

RSVP by May 2
with the Senior Center



Director's Desk

Dear Residents,

We would like to inform you that Maggie, our Senior Center Director, has resigned from her position. We thank her for her time and service to the Center.

As we move forward, we will work together to provide interim leadership and ensure that all programs and services continue without interruption. The Senior Center remains a vital part of our community, and we are committed to supporting its mission every step of the way.

We also want to sincerely thank Dennis, Kim, Gilda, and our drivers Eddie, Bob, Rob, Joel, Tim, and Matt for their continued dedication and hard work. Their commitment helps make the Center a welcoming and supportive place for all.

We look forward to working with you in the coming weeks and continuing to support the strong sense of community that defines the Senior Center.

Sincerely, *Chad Lovett*
Town Administrator

Lauren Taylor
Assistant Town Administrator
& Town Accountant

At a Glance

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BCOA NEWS

MAY
2025

Soup to Nuts!

Mary Bulso will join us again for lunch on May 5th, to speak at length about the History of Blackstone, over a bowl of tomato soup.

Reg Deadline April 28

Mon, May 5, Noon, \$2 Donation

Next Month: Kim
Giguere of Animal Arts
pet grooming

Tea Time

You are cordially invited to a Senior Citizen's Tea, to be held in the Cafeteria of the Blackstone Millville Regional High School, at 2:30 PM on the 8th of May. The students will arrange a tea service, complete with a gallery of art, entertainment, and a spread of tea and snacks. Admittance is free. Please RSVP with the Activities Department of the Senior Center before May 2.

BCOA & Cultural Council Presents:

Tim Van Egmond
Folksinger, Storyteller

**HATS OFF TO
SENIORS!**

**Stories, songs,
and poems
celebrating the
wit, wisdom, and
spirit of seniors.**



Monday, May 19, 1 PM

Venue Change!

Starting this month, the Crafting Class with Jean will be held at the Library. The Senior Center will provide transportation on request, with 2 days notice.

Trips & Events

May 2025

7

WED

TRAVEL BREAKFAST: TWIST BAKERY & CAFE, MILLIS

BUS LEAVES 9:30 COA
FREE + BREAKFAST :: LIMIT 12
RSVP BY APRIL 31

Gluten-Free
& Allergen-
Friendly!



8

THURS

SENIOR CITIZEN'S TEA AT THE HIGH SCHOOL

2:30 PM
FREE
RSVP BY MAY 2



12

MON

ROAD TRIP: THE BUTTERFLY PLACE

BUS LEAVES 10:30 COA
BY 3 MUSEUM
\$10 DONATION
RSVP BY MAY 5 :: LIMIT 12



19

MON

BIRTHDAY LUNCH HAPPY BIRTHDAY!

12 NOON
\$5 DONATION
RSVP BY MAY 12



20

TUES

MYSTERY LUNCH: ENTREES FROM \$18 TO \$30

BUS LEAVES 12:00 COA
\$5 DONATION + LUNCH :: LIMIT 12
RSVP BY MAY 13

Gluten-Free
Friendly!



27

TUES

DINNER & A MOVIE: FOOTLOOSE & VEGGIE PIZZA

2 PM
\$2 DONATION
REGISTER BY MAY 20 1H 47M



WELLNESS

WEEKLY PROGRAMS

Mondays

9 AM Adv. Line Dance W/ Steve Cavanaugh
10:30 AM Meditation

Tuesdays

9 AM Strength Training
10 AM Chair Yoga
1:15 PM Strength & Cardio Circuit

Wednesdays

9:30 AM Tap Dance
10:30 AM Line Dance
11:30 AM Qigong
2:15 PM Zumba Gold

Thursdays

9 AM Beginner Tai Chi
10 AM Intermediate Tai Chi
11 AM Journey Through Grief
1:15 PM Aging Gracefully and Gratefully

Fridays

10 AM Pound Fitness \$5/class donation
with Christine Lamothe

Meetings & Presentations

COUNCIL ON AGING
BOARD MEETING

Thurs, 1
10:00 AM

DON'T BUG OUT!
MOSQUITO SAFETY

Tues, 2
11:00 AM

SOUP TO NUTS:
MARY BULSO
ON BLACKSTONE HISTORY

Monday, 5
12 Noon

TRAVEL COMMITTEE

Tues, 6
11:00 AM

GARDEN CLUB:
SPRING PLANTING

Weds, 14
1:00 PM

FRIENDS OF THE BCOA

Wed, 21
10:30 AM

BCOA

ARTS SCHEDULE

MAY

2025

11:00 AM
27
TUES

BOOK CLUB:
THE WINE MAKER'S WIFE - KRISTIN HARMEL  **FREE**
 RSVP W/ LIBRARY: (508) 883 - 1931

1:00 PM
15
THURS

SENIOR CRAFT CORNER 
@ THE BLACKSTONE LIBRARY **FREE**
 RSVP W/ LIBRARY: (508) 883 - 1931

1:00 PM
19
MON

TIM VAN EGMOND
HATS OFF TO SENIORS! **FREE**
CULTURAL COUNCIL EVENT! **RSVP @ SENIOR CENTER** 

1:00 PM
EVERY
FRI

6 WEEK PAINTING SERIES 
W/ DIANE @ ARTFUL DODGER STUDIO **\$24 FOR 6 CLASSES**
NEXT SESSION: MAY 2 TO 30 **RSVP @ SENIOR CENTER**

1:00 PM
EVERY
TUES

CHORUS REHEARSAL 
ALL ARE WELCOME **FREE**
NO SIGNUP NECESSARY

12:30 PM
EVERY
THURS

YARNWORKS 
KNIT & CROCHET CLUB **FREE**
NO SIGNUP NECESSARY

Weekly Program Descriptions

LEARN A LITTLE ABOUT THE CLASSES, GROUPS,
AND ACTIVITIES THAT MEET EVERY WEEK

ADVANCED LINE DANCE

Monday 9:00 AM

Join nationally recognized Line Dance Choreographer Steve Cavanaugh, and put your line dancing skills to the test!

GAME DAY

Monday 10:00 AM

Bring a game or play one of ours, and join in some low-stakes fun! Our favorites include Uno & Phase 10.

MEDITATION

Monday 10:30 AM

Join Faith Kennedy on a weekly journey to mindfulness and serenity via meditation. No experience necessary.

STRENGTH & STRETCH

Tuesday 9:00 AM

An up beat strength building routine, with and without free weights (provided by COA).

CHAIR YOGA

Tuesday 10:00 AM

A wholesome and peaceful yoga class with traditional yoga principles. Seated or supported by your chair.

CHORUS

Tuesday 1:00 PM

Join us to sing out loud! No auditions or experience necessary!

STRENGTH CIRCUIT

Tuesday 1:15 PM

Jean Gillis, Milford COA fitness director, leads us on a circuit of the resistance training equipment.

COFFEE CLUB

Wednesday 9:30 AM

Join us for a relaxed social hour to start your Wednesday. Coffee is always available, and light snacks as well.

TAP DANCE

Wednesday 9:30 AM

Practice your moves and string the steps together with instructor Linda Olean for a beginner tap experience.

LINE DANCE

Wednesday 10:30 AM

Beginner Line Dancing. Join us to learn the steps for a full Line Dance with instructor Linda Olean.

QUIGONG

Wednesday 11:30 AM

Join Faith Kennedy for a guided experience focusing on posture, breathing, healing movement, and visualization.

BINGO

Wednesday 1:00 PM

Lorraine hosts our Weekly Wednesdays Bingo Game. 1 board for 8 games is \$1. Daubers available to borrow.

ZUMBA GOLD!

Wednesday 2:15 PM

Zumba music. Zumba moves. Just like good 'old Jane Fonda days with a fun movement, motion, & coordination!

TAI CHI-BEGINNER

Thursday 9:00 AM

Karl Davies teaches us the slow, flowing movements and awareness of body and mind integral to Tai Chi.

CRIBBAGE CLUB

Thursday 9:30 AM

Join us for a game or two, win bragging rights, and enjoy the conversation. Boards available. We're happy to teach!

TAI CHI-INTERMEDIATE

Thursday 10:00 AM

Join Karl Davies for a more in-depth exploration of Tai Chi, for those more familiar with the forms.

JOURNEY THROUGH GRIEF

Thursday 11:00 AM

Diane Westermen guides us through the paths of grief - sharing our experiences and learning how to move forward.

YARNWORKS

Thursday 12:30 PM

Join our stitching crew for an afternoon of socializing and yarn work. We're happy to teach knit and crochet!

AGING GRACEFULLY

Monday 1:15 PM

Diane Westermen helps us navigate the trials and joys of aging with grace and gratefulness.

POUND FITNESS

~~Friday~~ **Mondays @ 1 PM**
for the summer

Christine Lamothe helps us keep the beat with drumsticks in this rhythm and cardio workout you can't miss!

MAHJONG

Friday 10:00 AM

Multiplayer Mahjong is a tile game similar to rummy. We play a simplified Pilipino style - We're happy to teach!

PAINTING CLASS

Friday 1:00 PM

Join the class at the Artful Dodger studio down the street! \$25 per 6-week session. Next session starts April 7th!

May

Please RSVP for lunch
two business days
in advance

Monday

9 : Adv Line Dance **28**
10: Game Day
10: Pop Up Pantry
10:30: Meditation
12: Bday Bash 
1: Polka Paul

Tuesday

9: Strength & Stretch
9:30: Wicked Tulips **29**
 Road Trip
10: Chair Yoga
1: Chorus Rehearsal
1:15: Strength Circuit

Wednesday

30
9:30: Coffee Club
9:30: Tap Dance
10:30: Line Dance
11:30: Qigong
1: BINGO
2:15: Zumba

Thursday

9:00: Tai Chi (B)
9:30: Cribbage
10: Tai Chi (Adv)
10: COA Board
11: Journey thru Grief
12: Betty's: Crispy Ckn Sandwich, soup, Fries
12:30: Yarnworks
1:15: Aging Gracefully

Friday

2
10: Mahjong
11: Mosquito 
Closed at Noon

Monday

9: Adv Line Dance **5**
10: Game Day
10:30: Meditation
12: Soup to Nuts
1: Pound

Tuesday

9: Strength & Stretch **6**
10: Chair Yoga
11: Travel Committee
12: Firehouse: Eggplant Grinder, Toss Salad 
1: Chorus Rehearsal
1:15: Strength Circuit

Wednesday

7
9:30: Travel Breakfast
9:30: Tap Dance
10:30: Line Dance
11:30: Qigong
1: BINGO
2:15: Zumba 

Thursday

9:00: Tai Chi (B)
9:30: Cribbage
10: Tai Chi (Adv)
10: COA Board
11: Journey thru Grief
12: Lunch: Goodstuff: Pulled Ckn Sandwich, coleslaw, salad
12:30: Yarnworks
1:15: Aging Gracefully

Friday

9
10: Mahjong
Closed at Noon

Monday

9: Adv Line Dance **12**
10: Game Day
10:30: Meditation
10:30: Road Trip
1: Pound 

Tuesday

9: Strength & Stretch **13**
10: Chair Yoga
11: BP Screening
12: PizzaQueen: Greek Ckn Wrap, Garlic Bread
1: Chorus Rehearsal
1:15: Strength Circuit

Wednesday

14
9:30: Coffee Club
9:30: Tap Dance
10:30: Line Dance
11:30: Qigong 
1: BINGO
1: Garden Planting
2:15: Zumba

Thursday

9: Tai Chi (B)
9:30: Cribbage
10: Tai Chi (Adv)
11: Journey thru Grief
12: TKO: Zitti & Meatball, Side Salad
12:30: Craft @ Library
12:30: Yarnworks
1:15: Aging Gracefully

Friday

16
10: Mahjong
Closed at Noon

<p>9: Adv Line Dance 10: Game Day 10:30: Meditation 12: Birthday Bash 1: Hats Off to Seniors Concert</p>	<p>19</p>	<p>Closed 26 Memorial Day</p> 	<p>2</p>	<p>2</p>
<p>9: Strength & Stretch 10: Chair Yoga 12: Mystery Lunch 1: Chorus Rehearsal 1:15: Strength Circuit</p>  	<p>9: Strength & Stretch 10: Chair Yoga 12: Mystery Lunch 1: Chorus Rehearsal 1:15: Strength Circuit</p>	<p>9: Strength & Stretch 10: Chair Yoga 11: Book Club 12: Lunch: 1: Chorus Rehearsal 1:15: Strength Circuit 2: Dinner & Movie</p>  	<p>3</p>	<p>3</p>
<p>9:30: Coffee Club 9:30: Road Trip 9:30: Tap Dance 10:30: Line Dance 11: Friends Meeting 11:30: Qigong 1: BINGO 2:15: Zumba</p>	<p>9:30: Coffee Club 9:30: Road Trip 9:30: Tap Dance 10:30: Line Dance 11: Friends Meeting 11:30: Qigong 1: BINGO 2:15: Zumba</p>	<p>9:30: Coffee Club 9:30: Road Trip 9:30: Tap Dance 10:30: Line Dance 11: Friends Meeting 11:30: Qigong 1: BINGO 2:15: Zumba</p> 	<p>4</p>	<p>4</p>
<p>9: Tai Chi (B) 9:30: Cribbage 10: Tai Chi (Adv) 11: Journey thru Grief 12: Betty's: Ham, Egg, Cheese on Wheat Toast, & Fresh Fruit 12:30: Yarnworks 1:15: Aging Gracefully</p> 	<p>9: Tai Chi (B) 9:30: Cribbage 10: Tai Chi (Adv) 11: Journey thru Grief 12: Betty's: Ham, Egg, Cheese on Wheat Toast, & Fresh Fruit 12:30: Yarnworks 1:15: Aging Gracefully</p>	<p>9: Tai Chi (B) 9:30: Cribbage 10: Tai Chi (Adv) 11: Journey thru Grief 12: Goodstuff: Pulled Pork Sandwich, Fries, Coleslaw 12:30: Yarnworks 1:15: Aging Gracefully</p>	<p>5</p> <p>1: Craft @ Library</p>	<p>5</p>
<p>10: Mahjong 10: Pound Closed at Noon</p>	<p>23</p>	<p>10: Mahjong 10: Pound Closed at Noon</p>	<p>6</p>	<p>6</p>

Please Note: Lunch menus & activities are subject to change without notice

COMMUNITY OUTREACH

May 2025

Gilda Centeno
Outreach Coordinator
508-883-1500 x 135

Social Security Update!

Starting April 14, 2025, the Social Security Administration (SSA) will require stricter identity verification for certain services. Some individuals may now be asked to verify their identity in person at a local SSA office—replacing the previous option of phone verification. If you receive a notice from SSA, or plan to update your information soon, please be prepared to bring a valid ID to your local office. Need help or have questions?
Call SSA at 1-800-772-1213

Exciting News!

The Blackstone Council on Aging is now a Massachusetts SNAP Outreach Partner! That means we can help eligible seniors apply for food assistance right here at the COA—no need to travel far or navigate the process alone. As a partner, we offer one-on-one support, faster connection to benefits, and help gathering documents. If you're 60+ and facing rising grocery costs, let us help you get the support you deserve. Call 508-876-1500 x135 or stop by the Outreach Coordinator Office to learn more!

Boost Your SNAP!

If you're age 60+ or federally certified as disabled, you may be able to increase your SNAP benefits by reporting medical expenses. When your out-of-pocket medical costs are over \$35/month, DTA can apply a deduction that may raise your benefit—unless you're already receiving the maximum amount. Valid expenses include hospital or dental bills, prescriptions, and even vitamins—just let DTA know how often you pay. Want to learn more? Call OC Gilda at 508-876-1500 x135 to book an appointment!

REAL ID Deadline!

Starting May 7, 2025, you'll need a REAL ID or valid U.S. passport to fly domestically or enter federal buildings. To get a REAL ID, visit the RMV with proof of ID, SSN, and residency. Questions or concerns? Call OC Gilda at 508-876-1500 x135

HEALTH NEWS

Skin Cancer

The most common cancer in the US, skin cancer is also the most preventable - sun protection and spotting spots early are the keys to staying safe!

Prevent skin damage to avoid trouble in the future:

Always use sunblock, even on cloudy days, and don't forget to reapply regularly. Wear long sleeves and shady hats whenever possible, and spend more time in the shade than the sun especially around noontime.

Keep an eye out for trouble to catch cancer early: Get familiar with the moles and spots on your skin, no matter how much you'd rather ignore them, and make sure to check in with your doctor if they ever start changing quickly.



Posture

Poor posture affects everything! Balance and fall risk, bone and joint issues, poor circulation and headaches...an ounce of prevention is worth more than a pound of cure. Check in with your body regularly, and stand tall!



Stroke

A stroke occurs when blood flow to the brain is interrupted.

You've probably seen the public service commercials, but it's worth repeating: Act **FAST**

Face - Smile! Check if one side of the face is drooping.

Arm - Raise both arms. Check if one arm is drifting down.

Speech - Repeat a sentence.

Slurring is a symptom, too!

Time - Minutes can be the difference between recovery and death! Call **911** immediately!



VETERAN'S SERVICES

May 2025

Dennis Pimenta
Veteran's Services
508-883-1500 x 133

The 2025 Veterans' disability compensation rates are in! Starting from January 1, 2025 all compensation benefit rates have **increase by 2.5%** to match adjustments made to social security benefits.

This increase impacts disability benefits, clothing allowance, dependency and indemnity compensation (DIC), as well as other VA assistance programs.

va.gov/disability/compensation-rates



VA



U.S. Department
of Veterans Affairs



2025 Benefits?

Are you a veteran in financial need? The state offers a program for you called Chapter 115. Contact Dennis at 508-883-1500 x 133 to discuss your issues; he might be able to help you. Office hours are Tuesdays and Thursdays from 1:30 to 4:00 PM

The VA website now has the **2025 Veterans Benefits Guide** available online. This handbook contains a comprehensive list of programs, websites, and phone numbers for easy reference. Check out news.va.gov/137659 to learn more!



Blackstone Veterans Monument Memorial Brick Pavers!

Honor or remember a veteran with an engraved brick paver permanently placed and maintained at the Blackstone Town Common Veterans Monument. Bricks can be engraved with one of over 40 service emblems and images, and up to 5 lines of text.

Prices range from \$75 to \$200 depending on brick size and use of images.

To view all image options and print an order form, visit www.townofblackstone.org/323/Town-Clerk or pick up an order form from the Town Clerk's office.

TRANSPORT

Dennis Pimenta
Transport Coordinator
(508) 876-1500 x133
COATransport@
TownOfBlackstone.org

Medical Transportation

Transportation to medical appointments is available **By Reservation** for Blackstone disabled and/or senior residents. We are unable to accommodate local appointments scheduled after 2 pm, or those further than a 30 minute drive that are scheduled after 1 PM.

Reservations must be made at least 2 days in advance!

**(508) 876-1500 x133 or
COATransport
@townofblackstone.org**

Shopping Trips

Reservations Required

7 days in advance

Shopping Trips may be cancelled for lack of reservations.

Wed, May
14th & 28th

Walmart 

We provide transportation to the N.Smithfield Super Walmart

Thursday,
May 22nd



We provide transportation to the Bellingham Market Basket



Blackstone Council On Aging Our Mission:

To serve as advocates and enhance the lives of seniors and their caregivers in the community. To identify the needs of seniors and provide information and referral resources. To educate the community about the various aging issues and the needs of older citizens. To design and promote services that are needed to serve the residents of Blackstone. To provide services that allow elders to remain independent and keep the quality of life for them at home for as long as possible.

DISTRICT OF ONE!

The Blackstone Millville Regional High School invites you to their District of One event on May 10th, from Noon to 3 PM at the High School.

There will be free games, booths from local groups, a Book Fair, demos put on by the Fire and Police departments, a chance to Touch a Truck, and so much more!



SENIOR WELLNESS & RESOURCES FAIR

Wednesday, May 14 from 10 to 2, the Milford Regional Medical Center will host a fair just for Seniors & their caregivers. Stop by to check out the booths, giveaways, and refreshments!
14 Prospect St Milford,
Conference rooms A & B.

Digital Access to Wellness Classes Free from OmniPractice

Do you have a Blackstone Library Card? Then you can sign up for Omnipractice and log in for over 100 live, on-camera fitness and mindfulness classes every week! Classes cover all ability levels, and topics including Good Sleep, Guided Meditation, Tight Shoulders, Back Pain, Strength, Full Body Barre, Power Yoga, and so much more.

To sign up, just grab your library card & and head to:

app.OmniPractice.com/memberships/blackstone-public-library

Learn More About the Community Choice Power Supply Program
www.TownOfBlackstone.org/789/Community-Choice-Power-Supply-Program

COMMUNITY CORNER

NEW KITTEN SOCIALIZATION PROGRAM!

The Blackstone Regional Animal Shelter is launching a new program just for seniors! We're looking for caring volunteers to help socialize kittens before they head to their fur-ever homes. Join us for a fun and heartwarming presentation on **May 1st at 1:30 PM** here at the Senior Center to learn more and sign up. Don't miss this purr-fect opportunity to support our local shelter and enjoy the joy of cuddling, playing, and caring for adorable kittens!



If you can't attend the presentation but want to learn more, contact the Blackstone Regional Animal Shelter at ACO@BlackstonePolice.org or (508) 883-2822

Blackstone Library Events:

Call to register for programs
(508) 883-1931

- 5/3 - Book Sale
- 5/13 - Friends Meeting
- 5/22 - Heritage Book Club
- 5/29 - Library Quilting Club

BLACKSTONE HISTORY



*Sharing our
History with Pride*

40 Edgewater Drive

This CA1900 Bungalow was constructed of stones with wood trim, right at the edge of Harris Pond. It has a wrap-around porch, and an octagonal tower/Turret. The building previously was home to the local Canoe Club - shown in the photograph, but is now privately occupied.

Information & Photo from the Blackstone
Historical Commission

SOUP TO NUTS

**\$2 DONATION
RSVP BY APRIL 28**



Monday, May 5th 12:00 Noon

Mary Bulso on The History of Blackstone

BCOA & Cultural Council Presents:

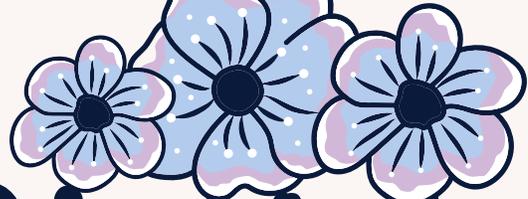
Tim Van Egmond *Folksinger, Storyteller*

HATS OFF TO SENIORS!

Stories, songs, and poems celebrating the wit, wisdom, and spirit of seniors.



Monday, May 19, 1 PM



Birthday Bash!

MONDAY 19 MAY 12 NOON

**\$5 DONATION
RSVP BY MAY 12**



Learn to keep the bugs at bay!



**Central MA Mosquito Control Project
Friday, May 2nd, 11 AM**

the butterfly place



Pack a picnic lunch, and tour a beautiful indoor garden filled with a kaleidoscope of butterflies!

Rain or Shine! Monday, May 12th
\$10 per person - RSVP by May 5th
10:30 COA Departure, 1pm Admission
Return Departure by 3 pm

SPRING PLANTING

Come dig in with us and get the next round of new plants in the ground!

Wednesday, May 14
1:00 PM

Coming In June

Cruise Night!

Join us for cool cars, hot pizza, and an evening of fun! Weds, June 11 - Rain Date June 18th

Dinner & A Movie!

Join us for a showing of The Color Purple. Whoopi Goldberg stars in this moving story about the gradual triumph over adversity.

Save The Dates!

6/9 - Soup to Nuts

6/11 - Friends Meeting

6/10 - Travel Committee

6/18 - Rain Date - Cruise Night

6/11 - Cruise Night Trip

6/19 - Closed, Juneteenth

6/16 - Summer Radio Hour

6/30 - Birthday Bash /w

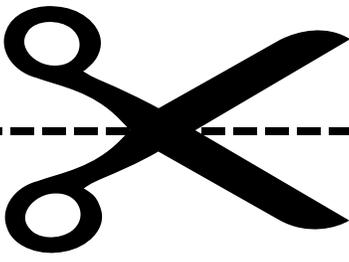
6/17 - Dinner & Movie

Chris the Songwriter

These activities, dates, and times are subject to change

Friends of the BCOA

We are welcoming in the nice weather with several fundraisers - check the bulletin board in the Dining room for more details! The Friends of the Blackstone COA meet on the 3rd Wednesday of each month at the Senior Center. The Special Annual Meeting will be held on Wed. June 11, 2025 at 10:30 AM to hold elections for President, Treasurer, & Clerk. Please Contact Judy @ 508-612-4566 for more information.



NEWSLETTER SUBSCRIPTION BY MAIL:

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Newsletter Subscription by Email:

Name: _____

Email Address: _____

Mail Form to:

**Blackstone COA
15 St. Paul Street
Blackstone, MA 01504**

**Blackstone Council on Aging
15 St. Paul Street
Blackstone, MA 01504
Address Service Requested**